

L-4 constant acceleration and free fall (M-3)

REVIEW

- Acceleration is the change in velocity with time
- Galileo showed that in the absence of air resistance, all objects, *regardless of their mass*, fall to earth with the same acceleration g
- $g \approx 10 \text{ m/s}^2 \rightarrow$ the speed of a falling object *increases* by 10 m/s every second
- Free fall is an example of motion with constant acceleration

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Motion with constant acceleration

- acceleration is the rate at which the velocity **changes** with time (increases or decreases)
- acceleration is measured in distance units divided by (time)², for example: m/s^2 , cm/s^2 , ft/s^2
- We will see how the velocity of an object changes when it experiences constant acceleration.
- First, we'll consider the simplest case where the acceleration is zero, so that the velocity is constant.

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Simplest case: constant velocity ($a=0$)

- If $a = 0$, then the velocity v is constant.
- In this case the distance x_f an object will travel in a certain amount of time t is given by **distance = velocity x time**

$$x_f = x_i + v t \quad (\text{for } a = 0)$$

- x_i is the starting (initial) position, and x_f is the final position.

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Example: constant velocity ($a = 0$)

A car moves with a constant velocity of 25 m/s. How far will it travel in 4 seconds?

Solution:

Suppose we take the starting point x_i as zero.

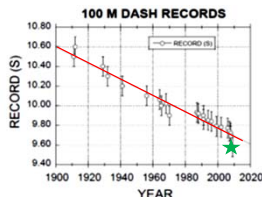
Then,

$$x_f = 0 + vt = 0 + (25 \text{ m/s})(4 \text{ s}) = 100 \text{ m}$$

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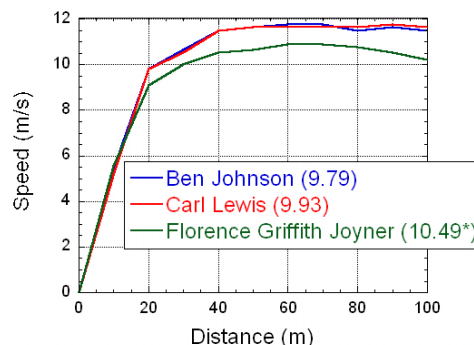
The 100 m dash

- Usain Bolt in 2009 set a new world record (★) in the 100 m dash at 9.58 s.
- Did he run with constant velocity, or was his motion accelerated?
- Initially at the starting line he was not moving (*at rest*), then he began moving when the gun went off, so his motion was clearly accelerated
- Although his average speed was about $100 \text{ m}/10 \text{ s} = 10 \text{ m/s}$, he did not maintain this speed during the entire race.



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100 m dash Seoul 1988



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How to calculate acceleration

Example: Starting from rest, a car accelerates up to 50 m/s (112 mph) in 5 sec. Assuming that the acceleration was constant, compute the acceleration.

Solution: acceleration (a) = rate of change of velocity with time

$$a = \frac{\text{change in velocity}}{\text{time interval}} = \frac{\text{final velocity} - \text{initial velocity}}{\text{final time} - \text{initial time}}$$

$$= \frac{50 \text{ m/s} - 0 \text{ m/s}}{5 \text{ s} - 0 \text{ s}} = \frac{50 \text{ m/s}}{5 \text{ s}} = 10 \text{ m/s}^2$$

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Motion with Constant acceleration

- Suppose an object moves with a constant acceleration a. If at t = 0 its initial velocity is (v_i), then we want to know what its final velocity (v_f) be after a time t has passed.

- final velocity = initial velocity + acceleration × time

$$v_f = v_i + a t \quad (\text{for constant acceleration})$$

- a t is the amount by which the velocity *increases* from v_i to v_f after a time t.
- Note that if a = 0, $v_f = v_i$, i.e., velocity is constant.

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Example: constant acceleration

A car moving initially at $v_i = 3 \text{ m/s}$ begins accelerating with $a = 2 \text{ m/s}^2$. What is its velocity at t = 5 s?

Solution:

$$\begin{aligned} v_f &= v_i + a \times t \\ &= 3 \text{ m/s} + 2 \text{ m/s}^2 \times 5 \text{ s} \\ &= 3 \text{ m/s} + 10 \text{ m/s} \\ &= 13 \text{ m/s} \end{aligned}$$

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Example – deceleration – slowing down

- Deceleration means that the acceleration is **opposite** in direction to the velocity
- Suppose you are moving at $v_i = 15 \text{ m/s}$ and apply the brakes. The brakes provide a constant deceleration of **-5 m/s²**. How long will it take the car to stop?
- $v_f = v_i + a t$
- $0 = 15 \text{ m/s} + (-5 \text{ m/s}^2) t$
- $0 = 15 - 5t \rightarrow 5t = 15 \rightarrow t = 15/5 = 3 \text{ s}$

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Free Fall:

Motion with constant acceleration

- According to Galileo, *in the absence of air resistance*, all objects fall to earth with a *constant* acceleration $a = g \cong 10 \text{ m/s}^2$
- g* is the special symbol we use for the *acceleration due gravity*.
- Since we know how to deal with constant acceleration, we can also solve problems involving free fall.

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Free fall – velocity and distance



time (s)	velocity (m/s)	distance y (m)
0	0	$0 = \frac{1}{2} 10 (0)^2$
1	10	$5 = \frac{1}{2} 10 (1)^2$
2	20	$20 = \frac{1}{2} 10 (2)^2$
3	30	$45 = \frac{1}{2} 10 (3)^2$
4	40	$80 = \frac{1}{2} 10 (4)^2$
5	50	$125 = \frac{1}{2} 10 (5)^2$

- If we observe an object falling from the top of a building we find that it gains speed as it falls
- Every second, its speed increases by 10 m/s.
- We also observe that it does not fall equal distances in equal time intervals. *The formula in the right column was discovered by Galileo.*

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Ball dropped from rest

- If the ball is dropped *from rest*, that means that its initial velocity is zero, $v_i = 0$
- Then its **final velocity after a time t is $v_f = a t$** , where $a = g \cong 10 \text{ m/s}^2$ so, **$v_f = g t$**
- Example: What is the velocity of a ball 5 sec. after it is dropped from rest from the top of the Sears Tower (*Willis Tower*)?

Solution: $v_f = g t = 10 \text{ m/s}^2 \times 5 \text{ s} = 50 \text{ m/s}$
(about 112 mph)

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Relationship between time and distance in free fall

- It would be useful to know how long it would take for an object, *dropped from rest*, to fall a certain distance
- For example, how long would it take an object to fall to the ground from the top of the Sears Tower, a distance of 442 m?
- Or, after a certain time, how far will an object, *dropped from rest*, have fallen?

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Falling distance

- Suppose an object *falls from rest* so its initial velocity $v_i = 0$.
- After a time t the ball will have fallen a distance: **$y_f = \frac{1}{2} \cdot \text{acceleration} \cdot \text{time}^2$**
- **$y_f = \frac{1}{2} g t^2$**
- This is the formula Galileo discovered

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Falling from the Sears Tower

Example

How far would a ball dropped from rest at the top of the Sears Tower fall in 5 seconds?

Solution

$$y_f = \frac{1}{2} \times 10 \text{ m/s}^2 \times (5 \text{ s})^2 = 5 \text{ m/s}^2 \times 25 \text{ s}^2 \\ = 125 \text{ m (about 410 feet)}$$

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Time to reach the ground

- Another interesting question, is how long it will take an object, *dropped from rest* from the top of the Sears Tower (442 m) take to reach the ground?
- To answer this question we need to solve the time-distance formula for t

$$y_f = \frac{1}{2} g t^2 \rightarrow 2y_f = g t^2 \rightarrow t^2 = \frac{2y_f}{g} \rightarrow t = \sqrt{\frac{2y_f}{g}}$$

$$\text{So: } t = \sqrt{\frac{2 \times 442}{10}} = 9.4 \text{ s.}$$

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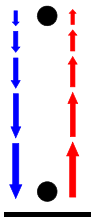
Velocity as object hits the ground

- How fast will the object be moving when it hits the ground?
- We apply the velocity vs. time relation:
 - $v_f = v_i + g t$, with $v_i = 0$.
 - $v_f = g t = 10 \text{ m/s}^2 \times 9.4 \text{ s} = 94 \text{ m/s}$
 - or **about 210 mph** (neglecting air resistance)

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Time to go up

- Suppose a ball is thrown straight up with a speed v_i . When does it reach its maximum height?
- As it rises, it slows down (decelerates) because gravity is pulling it down.
- At its maximum height, it is instantaneously at rest, so that $v_f = 0$ at the top.
- $v_f = v_i + a t$ applies whether an object is falling or rising. On the way down it speeds up, so $a_{\text{down}} = +g = 10\text{m/s}^2$; on the way up, it slows down, so $a_{\text{up}} = -g = -10\text{m/s}^2$
- Since $v_f = 0$ at the top, then we have:
 $v_f = 0 = v_i + (-g) t$, so $t_{\text{up}} = v_i / g$ (time to max. height)



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Example

A volleyball player can jump straight up at 5 m/s. How long is she in the air?

Solution:

$$\text{total time in the air} = t_{\text{total}} = t_{\text{up}} + t_{\text{down}}$$

- The time for her to get to the top
 $= t_{\text{up}} = v_i / g$, where v_i is her initial upward velocity, so
 $t_{\text{up}} = 5 \text{ m/s} / 10 \text{ m/s}^2 = \frac{1}{2} \text{ sec.}$
- It takes exactly the same amount of time to reach the top as it does to return to the ground, or $t_{\text{up}} = t_{\text{down}}$, so
 $t_{\text{total}} = \frac{1}{2} \text{ s} + \frac{1}{2} \text{ s} = 1 \text{ s}$ (This is the amount of time that she is in the air.)



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Escape from planet earth

- To escape from the gravitational pull of the earth an object must be given a velocity larger than the so called *escape velocity*
- For earth the escape velocity is 7 mi/sec or 11,000 m/s, 11 kilometers/sec or about 25,000 mph.
- An object given at least this velocity on the earth's surface can escape from earth!
- The Voyager 2 spacecraft (part of which was built in the UI Physics Dept.) launched on Aug. 20, 1977, recently left the solar system and is the first human-made object to reach interstellar space.

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